1. Written Exam Syllabus

The written exam will be of 100 marks and will include the following subjects:

1. Hindi / English / Mathematics

- Grammar, Vocabulary, Sentence Formation
- Comprehension and Passage Writing
- Basic Arithmetic (Addition, Subtraction, Multiplication, Division)
- Percentage, Profit & Loss, Time & Work, Simple Interest, Compound Interest

2. General Knowledge & Current Affairs

- Indian History, Geography, Polity
- Sports, Important Awards & Honors
- Science & Technology Developments
- Current Affairs (National & International)

3. Social Science / General Science

- Physics: Motion, Force, Work & Energy, Sound
- Chemistry: Chemical Reactions, Acids & Bases, Periodic Table
- Biology: Human Body, Nutrition, Diseases & Prevention
- History & Civics: Freedom Struggle, Indian Constitution

2. Physical Efficiency Test (PET)

The PET consists of Running, High Jump, and Shot Put. Candidates will be tested on:

- Male: 1.6 km run in 6 minutes, 4 feet high jump, 16-pound shot put (16 feet).
- Female: 1 km run in 5 minutes, 3 feet high jump, 12-pound shot put (12 feet).